

Illinois Activity Professionals Association  
40th Annual Conference

**“40 YEARS OF MAKING LIFE MAGICAL”**



**OCTOBER 2 – 4, 2019**  
**THE PARKE REGENCY CONFERENCE CENTER,**  
**BLOOMINGTON, ILLINOIS**

**IAPA** presents its 40<sup>th</sup> Annual Conference designed to interest and educate Activity Professionals, Therapeutic Recreation Specialists, Nursing Home Administrators, Social Workers, Consultants, CNAs, and other professionals working in nursing homes, retirement communities, assisted living facilities, supportive living facilities, adult day centers, senior centers, hospitals and mental health settings throughout Illinois.

Activity Directors, Certified Therapeutic Recreation Specialists, Licensed Nursing Home Administrators, Licensed Clinical Social Workers, CNAs, and other attendees can earn up to 18 continuing education clock hours. IAPA, in co-sponsorship with University of Illinois College of Medicine, Department of Family Medicine in collaboration with the Continuing Education Institute of Illinois, is providing these continuing education credits.

### **Important Information:**

- You **must** pre-register for this conference. On-site registration is **not** accepted.
- No acknowledgement of registration will be sent unless you request an e-mail confirmation.
- Register early because space is limited in some sessions.
- Make sure to mark your first and second choices on the registration form.
- CEs are provided as part of the registration fee. **There is no additional charge.**
- Replacement of CE forms after the conference will be assessed at \$25.00.
- We accept checks, money orders, credit cards and Paypal.

### **Refund Policy:**

Cancellations before 8/31/19 will receive a full refund.

Cancellations between 9/1/19 – 9/7/19 will receive a refund less a \$50 processing fee.

Cancellations after 09/7/19 will not be refunded.

### **Take Advantage of IAPA Membership!!!**

If you are not currently a member of IAPA now is the time to join and take advantage of lower conference rates for members. Complete the membership application in this brochure, include the \$35 individual membership dues or \$50 facility membership dues with your conference registration fee and select the IAPA member rate category.

### **Hotel Information**

The Parke Regency Conference Center is located at 1413 Leslie Drive, Bloomington, IL 61704. Make reservations by calling 309-662-4300. Identify yourself as part of the Illinois Activity Professionals Association (IAPA) to ensure the group rate of \$99.00 plus tax for a standard room or \$159.00 plus tax for a suite. In addition to the special rate, an extended continental breakfast is included in the price of the room. The cut-off date to reserve rooms at the special rate is September 11, 2019. Please make your reservations early. If rooms are still available after September 11, 2019 the regular charge of the room will apply.

### **Don't Miss These Deals!**

- **Facility Membership!** Take advantage of the member price for your entire staff. Fill out the Facility Membership Application and enclose a check for \$50.00 and each member of your staff can attend the conference at the discounted member price.
- **Mix and Match!** Mix and match conference days and staff. Take advantage of the discounted rates and send different staff each day.
- **Bring Your Administrators!** Share the conference information with your administrator and let them know that they too can receive CE's by attending the conference. Administrators that attend the conference **with one of their staff** pay \$125 for 2 days.
- **Retired IAPA Board Member!** Keep up with your CE's and pay \$125 for 2 days.

### ***Direct Questions to:***

Nancy Ichinose, Executive Secretary and Education Chair (847) 342-1814 or (847) 492-4872

# 2019 Conference Presenters

Joe Agnello, MS, MPA, LNHA

Kimberly Jornd, BAS, CTRS

Cathy Anderson, RN, LNHA

Jeff Lathrop, Activity Director

Rachelle Blough, CTRS, CADDCT, CDP

Elizabeth Lewis, BFA

Cathy Burchard, Activity Professional

Ron Martyn, MS,

Tina Carder, Activity Professional

Jamie Mayer, MA, PhD

Pam Goff, Activity Professional

Kim Mead, ADC, CDP, CAP

Becky Haldorson, MS, LNHA

Lisa Olson, BA, ADC, CDCS

Jessica Harshbarger,

Kenny Shuman, BA

Debra Joy Hart, RN, BFA, CT, CLL-E, CHP

Denise Spihlman, MSW, LCSW, CDP

Brenda Hunt, Activity Director

Benjamin M. Surmi, MS

Johanna Jamenson, MA

Jim Vanden Bosch, MA

Connie Jensen, BS

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## Conference Objectives

- ✓ To provide a quality conference that educates, motivates and revitalizes the attendees.
- ✓ To offer education sessions that focus on the varied professional and personal needs of the attendees.
- ✓ To support the exchange of ideas and sharing of knowledge and experience with other professionals.
- ✓ To provide education and sample techniques needed by attendees in order to enhance their expertise, skills, ideas and creativity.
- ✓ To provide attendees the opportunity to grow in leadership, professionalism and knowledge.
- ✓ To provide all members of the Interdisciplinary Team with information and insight related to the value of activities in enhancing residents' quality of life.

# Conference Schedule and Agenda

October 2 – 4, 2019

Wednesday, October 2, 2019

8:00 a.m. – 7:00 p.m. CONFERENCE REGISTRATION

## INTENSIVE SESSION CHOICES

Choose (1) 8-Hour Session 8:00 a.m. – 5:00 p.m.  
Lunch and Progressive Raffle from 12:00 p.m. – 1:00 p.m.

- 1. Alzheimer's Disease and Dementia Care Seminar** – Rachelle Blough, CTRS, CDP, CADDCT  
This is the required seminar for those who qualify and are pursuing Certified Dementia Practitioner with the NCCDP. It is open to all healthcare professionals. This eight hour seminar will help you to better understand and cope with assisting individuals with Alzheimer's Disease and other types of dementias. This comprehensive course will provide the participant a base knowledge in many areas of competency related to this important area of care.



- 2. A Day of Activities**

**a) How to Raise Funds to Take Your Activities Over the Top** – Kenny Shuman, BA, Director of Activities and Volunteer Services, Hope Creek Care Center, East Moline, Illinois

Activities require money! Do you need IPADS, computers, streaming services, a new bus? All of these items require more money than is generally in the budget. That is why fundraising is more important than ever. Activity professionals need to find more creative ways to raise the funds they need to keep up the quality of their programming as well as purchase some big budget items.

**b) Character and Seasonal Crafts** – Pam Goff, Activity Professional, Hope Creek Care Center, East Moline, Illinois

Are you tired of completely changing decorations for each season? In this session you will find out how to take one character and change it to make it useful for all seasons. You will also learn how to make crafts with everyday items with some added touches.

**c) Activities to Engage the Male Cliental** – Lisa Olson, BA, ADC, CDCS, Activity Coordinator, Kreider Services, Inc., Dixon, Illinois

Real Men Play! In this session you will receive 5 themed activity curriculums with 5 activities each: NASCAR, Fishing, Construction/Physics, Mission to Mars, and Winter Play Time. You will also receive a tool to help develop your own activity curriculum and participate in a brain storming activity with the group.

**d) Laughter Yoga with Cathy** – Cathy Burchard, Certified Laughter Yoga Leader, DesPlaines, IL  
Laughter can reduce the levels of stress hormones in the body, strengthen the immune system, stimulate blood circulation and help with pain, depression and anxiety. Sometimes you may not feel like laughing, but with laughter yoga sometimes the laughter is uncontrollable.

7:00 p.m. – 9:00 p.m. WELCOME RECEPTION AND EXHIBIT AREA OPEN

Join us as we meet new friends and rekindle old friendships. Each vendor will be giving away a door prize at the end of the evening. Winners must be present to receive prizes.

***Sponsored by Chicagoland Activity Professionals Association,  
HealthPRO Rehabilitation, and Quality Care Consulting Services***

**Thursday, October 3, 2019**


8:00 a.m. – 5:00 p.m. CONFERENCE REGISTRATION OPEN

8:00 a.m. – 5:00 p.m. EXHIBIT AREA OPEN

## BREAKOUT SESSION CHOICES

IAPA reserves the right to limit the number of session participants in order to enhance the educational experience, because of this we recommend registering **EARLY**. We cannot guarantee your first choice, so indicate 1<sup>st</sup> and 2<sup>nd</sup> choices on registration form.

### Choose (1) 90-Minute Session 8:30 A.M. – 10:00 A.M.

- A. Use Your Imagination –** Tina Carder, Activity Professional, Heartland Healthcare, Galesburg, IL  
Use your imagination to create a story using a photo. This activity will get all participants involved as you discuss the who, what, when, where and why of what is happening in the photo.
- B. Evidence-based Documentation of Resident and Program Success –**  Ron Martyn, MS, Co-owner Activity Pro, Ontario, Canada  
You know you do a great job, but can you prove it?! This session demonstrates how to prove the value of recreation programs for residents, the effectiveness of each program, and the quality of the entire department. The benefits include reduced compliance issues, happier residents and satisfied family members. For recreationists, this approach means enhanced recognition as proven professionals in the care continuum.
- C. Be Our Guest to the Magical World of Activities –** Brenda Hunt, Activity Director, CMH Magnolia Center; Jeff Lathrop, Activity Director, Flora Gardens Care Center  
Activity Professionals are always looking for new ways to keep their residents engaged, laughing and entertained. Join this session to see the many costumes that activity professionals wear.
- D. Global Innovation: Thriving with Dementia –** Benjamin M. Surmi, MS, Social Gerontologist, Director of People and Culture, Koelsch Communities.  
People around the globe are experimenting with fresh ways to help people living with dementia thrive. What can we who work in Illinois learn from people around the world? From social programs to technology to city planning to engaging the arts in new ways, the innovation right now is highly hopeful. Spark your own creativity. Broaden your knowledge of what's possible. Look beyond our borders for inspiration.

10:00 – 10:30 a.m. EXHIBIT AREA OPEN

10:30 – 12:00 p.m. **E. KEYNOTE ADDRESS – Exploring the Nursing Home of the Future –** Jim Vanden Bosch, MA, Filmmaker, Founder, Executive Director, Terra Nova Films  
Many of us will be living in a nursing home of the future. How do you want it to be? Through the use of several video clips, this session will explore how the thinking, design, and culture of nursing home living is gradually changing. We will also learn what we can do to help create a residential environment that enables those who live there to be more content and alive—a place where we would want to live when the time comes for us to need assistance.

12:15 – 1:30 p.m. **LUNCHEON** (You must indicate on your registration form if you will be attending)  
**CONFERENCE OPENING AND CALL OF REGIONS**  
**GENERAL MEMBERSHIP MEETING**  
**INSTALLATION OF NEW OFFICERS AND CERTIFICATION BOARD MEMBERS**  
*LIVE AUCTION: Bid to win your favorite Disney Art. Vintage Disney movies from Steamboat Willie to Frozen have been beautifully framed and include a hand crafted easel. All proceeds go to funding next year's conference.*

## Choose (1) 90-Minute Session

1:45 P.M. - 3:15 P.M.

**F. Touching People with Alzheimer's Disease Through Animals and Usefulness** – Johanna Jameson, MA, Licensed Clinical Professional Counselor; Founder Memory Farm ® LLC

Johanna Jameson is the founder of Memory Farm® The Memory Farm offers stimulating-farm based activities in a safe and accepting environment for people living with dementia, and respite, support, and education to caregivers. Johanna will be discussing the benefits of animal therapy and how the Memory Farm ® animals help to improve the quality of life for those living with the disease.

**G. Rock and Roll Residents: Are You Ready?** - Becky Haldorson, MS, LNHA, Administrator  
Sunny Hill Nursing Home of Will County

Are you ready for the generation of elders that are used to working 60 hours a week, have the highest divorce rate in history and grew up to be radicals of the 70's? What do you need to know about this generation that experienced the Sexual Revolution and fought authority? How will you be able to assist these residents and provide a high quality person centered environment? This session will help you understand the characteristics of the Baby Boomer generation and prepare you for the onslaught of residents that prefer to "Rock Out" to Led Zeppelin than to polka. Do we expect them to "fit in" to our current communities or was Lynyrd Skynyrd right, when he said that a Free Bird just cannot change?

**H. Recognizing Health Problems to Share with Nursing** – Cathy Anderson, RN, LNHA, retired

As an activity professional, you have a close relationship with your friends, the residents. YOU ARE AN IMPORTANT PART OF THE WHOLISTIC HEALTH CARE TEAM!! Your knowledge of what is and *isn't* normal for each of your friends puts you in the unique position to notice subtle changes in them that may be signs of pending illness. This session will give you the tools needed to be a "first reporter" to the nursing staff, enabling early interventions in resident condition changes

**I. Just Keep Swimming** – Kimberly Jornd, BAS, CTRS, Consultant, Outcome Services of Illinois, Breese, Illinois

Communicating with individuals that have dementia can be very challenging. We need to be able to step into their world in order to provide answers that make sense to them. By doing this we are validating their feelings and giving them opportunities to express themselves in a positive way. This session will provide you with the tools you need to communicate successfully while enhancing the individual's dignity and overall well-being.

## Choose (1) 90-Minute Session

3:30 P.M. – 5:00 P.M.

**J. Simple Room Gardens** – Cathy Anderson, Master Gardener, RN, LNHA, retired

Residents of long term care facilities have endured multiple losses, including the ability to carry out the work or life roles that have identified them their entire adult life. Multiple studies have shown that plants and pets increase the quality of life for residents. Participants will have a hands-on experience of creating easy gardening projects that residents can create, care for, and take ownership of, restoring their sense of self and purpose.

**K. Believe in the Magic** – Denise Spihlman, MSW, LCSW, CDP, Director of Consulting Services, Outcome Services of Illinois, Breese

Believe in the magic of activities. As we continue to move as an industry to more person centered care activities role is even more important. We are going to wave the "magic wand" and be taken to a "land" where miracles do happen because of amazing people like you. We are going to learn the do's and don'ts from a regulatory standpoint of bringing the "magic" to your home. When you leave you will have a better understanding of activities and their regulations.

**L. Using Music to Bridge Communication and Engagement for Adults with Brain Injury, Stroke or Dementia** – Jamie Mayer, MA, PhD, CCC-SLP, Associate Professor, Northern Illinois University, DeKalb

This session will review why music can be such an effective tool for promoting attention, engagement, and communication for

many individuals with dementia, stroke, or other types of acquired brain injury by examining the neurological underpinnings of musical processing. We will then cover two specific programs, Music & Memory and the Bridges Choir, which illustrate the power of music for such individuals. Specific steps to initiating, implementing, and evaluating each program will be covered including video examples.

**M. What Will You Want to Do When It's Your Turn? – Jim Vanden Bosch, MA, Filmmaker, Founder, Executive Director, Terra Nova Films**

Activities programming is a vital part of what can make life worth living in a residential care facility. We will look at this through a very personal lens. Many of us will be spending some of our later life in a care facility. Just how would we want to be assisted in maintaining a sense of well-being and fulfillment when we are there? Would this change if we were living with dementia? Ample discussion and several video clips will be part of this workshop.

**5:30 – 7:00 p.m. ANNUAL AWARDS BANQUET**

Help us honor great people and the fabulous jobs they do. Immediately following the Awards Ceremony a free bus will be waiting to take you to and from the DESTHIL Brewery where you can experience the largest craft brewery in Bloomington. There you can enjoy the many craft beers and activities they offer knowing you have a safe way back to the hotel. There is a special tasting and tour option for \$10 per person. If you would like to take advantage of this extra activity please include \$10 with your registration. Space is limited so register early.

**Friday, October 4, 2019**

**8:00 – 9:00 a.m. CONFERENCE REGISTRATION OPEN**

**Choose (1) 90-Minute Session  
8:30 A.M. – 10:00 A.M.**

**N. Creating Dynamic Activity Programs Incorporating the Dimensions of Wellness- Kim Mead, ADC, CAP, CDP, Corporate Director of Engagement, Gardant Management Solutions**

This class will explore the definitions of the various Dimensions of Wellness, create program ideas for each dimension and explore the engagement expectations for your organization.

**O. Person Centered Regulations – Connie Jensen, BS, Division Chief for Long Term Care, Illinois Department of Public Health**

This session will focus on keeping the residents in the center of their care, directing their lives within the facility.

**P. Good Grief – Joe Agnello, MS, MPA, LNHA, Hospice Chaplain, Divine Hospice and Palliative Care, Yorkville, Illinois**

All through life we experience loss. When we lose something or someone we cherish it is natural to grieve. Grief has to happen for our personal growth but we must know how to find meaning in our grief. This is a brief explanation of grief and how activity professionals can respond.

**Q. Self-Compassion: Learn to be Kinder to Yourself – Elizabeth Lewis, BFA, Wellness Workshop Presenter, Motivational Speaker**

When we feel compassion for others, we feel kindness toward them, empathy, and a desire to help reduce their suffering. It's the same when we turn compassion towards ourselves. Self-compassion means offering kindness and understanding to yourself during difficult times, when you make mistakes or notice something you don't like about yourself, rather than judging yourself harshly; it means realizing that suffering, failure and imperfection are part of the shared human experience. Self-compassion is not self-indulgence – it is self-care, confirmed by research as the cornerstone of emotional health and healing.

**10:00 – 10:30 a.m. BREAK/HOTEL CHECK-OUT**

**Choose (1) 90-Minute Session  
10:30 A.M. – 12:00 P.M.**



**R. It's OK to Play with Your Food – Debra Joy Hart, RN, BFA, CLL-E, CT, CHP**

Were you told as a young child to, “Eat up and stop playing with your food?” In this session you will have the opportunity to create whimsical food art, with little mess. These projects are not costly and can involve residents of all abilities. You can take these ideas back to your residents, increase their sense of creativity and purpose, introduce a new perspective and exercise their brains. This session includes the creation of 3 easy food art activities (supplies included), and the psychology and physiology behind creating with food.

**S. Activity Needs Based on New Regulations – How Do Special Food Events Fit In? - Connie Jensen, Division Chief for Long Term Care, Illinois Department of Public Health**

Special food events play an important role in a resident's life in the facility. This session will help the participant understand how to make the activity work within the framework of the regulations.

**T. Understanding Medical Cannabis – Jessica Harshbarger, Director of Outreach, Education and Patient Care, Compassionate Clinics of America, President Empowering Health for Illinois**

Have you ever wondered: What is Cannabis, Hemp, or CBD? What are the different types of Cannabis? What are the constituents of a Cannabis plant? How does it work in the body? What is the Human Endocannabinoid System? How does it affect the patients that are using it? What are all of the ingestion methods & how is it absorbed? How to properly dose a patient or even how safe is it? Are there studies on Cannabis & memory care? Where are the good sources for information? Where to find Safe CBD from Hemp? How to get signed up for a medical cannabis card in Illinois? If you have, you won't want to miss this session!

**U. Engaging Difficult Families – Joe Agnello, MS, MPA, LNHA, Hospice Chaplain, Divine Hospice and Palliative Care, Yorkville, Illinois**

When family members get angry or fearful when they perceive changes in their loved one, they are not angry or fearful about the patient's status. It is what they believe about the patient's status that makes them angry or difficult. Activity professionals can learn to alter the difficult behavior using five basic assertiveness techniques.

**12:15 – 1:15 p.m. LUNCHEON** (You must indicate on your registration form if you will be attending.)

**1:15 – 2:15 p.m. V. CLOSING ADDRESS - Discovering Your Inner Magic: Identifying the Colorful Characters Within and Around You – Debra Joy Hart, RN, BFA, CLL-E, CT, CHP,**  
How many wish upon a star for a perspective of peace, especially in the workplace? Do you wish a fairy godmother would help you work with the princes, toads, true queens, and villains that are all around you (and sometimes within)? This session will identify these characters and suggest some simple skills to increase positivity and decrease your stress. Perhaps you may even experience “a whole new world.”

**2:15 – 3:00 p.m. RAFFLE DRAWING, 50/50 DRAWING, SILENT AUCTION, (must be present to win) EVALUATIONS AND ADJOURNMENT**

**Credit Card or Paypal Option!** You may use your credit card or Paypal to pay for your conference registration and membership fees. To use your credit card or Paypal account, email your completed application and payment preference to [info@illinoisactivities.org](mailto:info@illinoisactivities.org) or fax it to 847-342-1814. There is a 3% convenience charge for this service. Example: \$200 conference + \$6.00 fee, \$275 conference + \$8.25 fee, etc. Fee will be determined based on what your registration costs are. Questions? Call Nancy at 847-342-1814 or 847-492-4872

**Menu**

Please read the menu planned for the conference. The meals are one of the most expensive costs of the conference. Please circle the meals you will be attending and circle your dinner choice for Thursday night on the registration form. Also list any dietary restrictions or if you would prefer the vegetarian option.

**Wednesday lunch:** Boxed Lunch

**Thursday lunch:** Vegetarian Quiche

**Thursday dinner:** Chicken Cacciatore, Maryland Crab Cakes, Portabello Mushroom Steak

**Friday lunch:** Gourmet Burger Bar Buffet (veggie burger option)



**2019 IAPA Conference Registration Form**

Type or Print Clearly:

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Job Title \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ E-mail Address \_\_\_\_\_ Would you like an e-mail confirmation? \_\_\_\_\_

Facility \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail Address \_\_\_\_\_

First IAPA Conference?  Yes  No Local Association \_\_\_\_\_ County \_\_\_\_\_

**CONFERENCE FEES**

Registration Fee (Postmarked on or before August 31, 2019) *Please Circle Appropriate Choice*

	<b>IAPA Member Fee</b>	<b>Non-Member Fee</b>
Wednesday-Only Registration (8 CEs with lunch)	\$125.00	\$175.00
Thursday-Only Registration (6 CEs, lunch, dinner)	\$135.00	\$175.00
Friday-Only Registration (4 CEs and lunch)	\$100.00	\$150.00
3 Day Registration (18 CEs and 4 Meals)	\$320.00	\$370.00
Administrators attending Thursday and Friday with a staff member	\$125.00	
Retired Board Member Rate Thursday and Friday (no meeting discount)	\$125.00	

*Take Advantage of the Member Rate by Joining Today. Complete the membership form enclosed and add \$35.00 for Individual dues or \$50.00 for Facility dues to the fees above.*

Late Registration Fee (Postmarked after 8/31/2019) **Add \$50.00 to the fees above**

**Deduct \$15.00** for each 2018/19 board meeting attended:      January 2019                      April 2019                      July 2019

**The following meals are included in the conference registration price, but you must sign up to be included in meal totals.**

Please circle which meals you are planning to attend.      Wednesday Lunch                      Thursday Lunch                      Friday Lunch

Thursday Dinner (please circle choice):      Chicken Cacciatore                      Maryland Crab Cakes                      Portabello Steak

Please indicate special dietary requests here \_\_\_\_\_

**Guest Meal Tickets:** Guests not registered for the conference **must** have a ticket for all meals. Please indicate # of tickets needed.

Wednesday Lunch (\$22.00)                      Thursday Lunch (\$28.00)                      Thursday Dinner (\$48.00)                      Friday Lunch (\$32.00)

**CONFERENCE REGISTRATION FEE:**                      \$ \_\_\_\_\_

**IAPA MEMBERSHIP DUES:**                      \$ \_\_\_\_\_ (Include membership form)

**GUEST MEALS:**                      \$ \_\_\_\_\_

**TOUR & TASTING AT BREWERY** add \$10                      \$ \_\_\_\_\_

**LATE FEE:** add \$50.00 if postmarked after 08/31/2019                      \$ \_\_\_\_\_

**TOTAL DEDUCTION FOR BOARD MEETINGS**                      \$(\_\_\_\_\_) (Maximum Deduction \$45 see above)

**DISCOUNTS FOR MEMBERSHIP DRIVE**                      \$(\_\_\_\_\_) (Maximum Deduction \$200)

**TOTAL ENCLOSED:**                      \$ \_\_\_\_\_

**COMPLETE REVERSE SIDE OF THIS FORM AND MAIL CHECK PAYABLE TO: IAPA**

IAPA CONFERENCE, 1711 W. Oakton, Arlington Heights, IL 60004

For More Information on the Conference or IAPA, contact Nancy Ichinose, Executive Secretary 847-342-1814

**PAYMENT MUST ACCOMPANY REGISTRATION.**

**DO NOT SEND CASH. CHECK, MONEY ORDER, CREDIT CARD OR PAYMENT THROUGH PAYPAL ACCEPTED.**

**Refund Policy:**

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 Cancellations between 9/1/19 – 9/7/19 will receive a refund less a \$50 processing fee.  
 Cancellations after 09/7/19 will not be refunded.

NAME \_\_\_\_\_

**REMEMBER TO CHOOSE 1<sup>ST</sup> AND 2<sup>ND</sup> CHOICES**

**Wednesday, October 2, 2019**

**CHOOSE (1) 8 HOUR SESSION 8:00 AM – 5:00 PM**

\_\_\_1 Alzheimer's Disease and Dementia Care Seminar

**OR CHOOSE (1) 4 HOUR INTENSIVE 8:00 AM – 5:00 PM**

\_\_\_2 A Day of Activities

**Thursday, October 3, 2019**

**CHOOSE (1) 90-MINUTE SESSION, 8:30 AM – 10:00 AM**

- \_\_\_A Use Your Imagination
- \_\_\_B Evidence-based Documentation of Resident and Program Success
- \_\_\_C Be Our Guest to the Magical World of Activities
- \_\_\_D Global Innovation: Thriving with Dementia

**KEY NOTE ADDRESS 90-MINUTE SESSION, 10:30 AM – 12:00 PM**

\_\_\_E Exploring the Nursing Home of the Future

**CHOOSE (1) 90-MINUTE SESSION FOR EACH BELOW, 1:45 PM – 3:15 PM**

- \_\_\_F Touching People with Alzheimer's Disease Through Animals and Usefulness
- \_\_\_G Rock and Roll Residents: Are You Ready?
- \_\_\_H Recognizing Health Problems to Share with Nursing
- \_\_\_I Just Keep Swimming

**CHOOSE (1) 90-MINUTE SESSION FOR EACH BELOW, 3:30 PM – 5:00 PM**

- \_\_\_J Simple Room Gardens
- \_\_\_K Believe in the Magic
- \_\_\_L Using Music to Bridge Communication and Engagement for Adults with Brain Injury, Stroke, etc.
- \_\_\_M What Will You Want to Do When It's Your Turn?

**Friday, October 4, 2019**

**CHOOSE (1) 90-MINUTE SESSION, 8:30 AM – 10:00 AM**

- \_\_\_N Creating Dynamic Activity Programs Incorporating the Dimensions of Wellness
- \_\_\_O Person Centered Regulations
- \_\_\_P Good Grief
- \_\_\_Q Self-Compassion: Learn to be Kinder to Yourself

**CHOOSE (1) 90-MINUTE SESSION, 10:30 AM – 12:00 PM**

- \_\_\_R It's OK to Play with Your Food
- \_\_\_S Activity Needs Based on New Regulations – How Do Special Food Events Fit In?
- \_\_\_T Understanding Medical Cannabis
- \_\_\_U Engaging Difficult Families

**CLOSING 60-MINUTE SESSION, 1:15 PM – 2:15 PM**

\_\_\_V Discovering Your Inner Magic: Identifying the Colorful Characters Within and Around You

\* please note that by registering for this conference you agree to have your photo taken and used on the IAPA website and/or IAPA publications.

Please indicate if you would be willing to moderate a session you will be attending. Moderators assist the speaker and the organization by helping to pass out handouts and by introducing and thanking the speaker. **Yes or No**

**To keep the conference costs down we encourage all participants to bring a raffle prize or donation for the silent auction.**

# Membership Applications

## Take Advantage of IAPA Membership!!!

If you are not currently a member of IAPA, now is the time to join and take advantage of lower conference rates for members. Complete the membership application below, include the \$35 individual membership dues or \$50 facility membership dues with your conference registration fee and select the IAPA member rate category.

### MEMBERSHIP IS OPEN TO THOSE WORKING OR INTERESTED IN THE FIELD OF ACTIVITIES

INDIVIDUAL ANNUAL DUES ARE \$35.00

Check here if discount applies:

STUDENT - \$17.50

(proof of current enrollment must accompany form)

RETIREE - \$17.50

(proof of retirement must accompany form)

Retired Charter Member – FREE

I AM INTERESTED IN LEARNING MORE ABOUT:

IAPA CERTIFICATION

IAPA COMMITTEES  
(print name of committee below)

\_\_\_\_\_

New Member

Renewal

### INDIVIDUAL APPLICATION: TYPE OR PRINT INFORMATION

LAST NAME:

FIRST NAME:

HOME ADDRESS:

CITY/STATE/ZIP:

HOME PHONE:

FACILITY/AGENCY NAME:

FACILITY ADDRESS:

CITY/STATE/ZIP:

WORK PHONE:

JOB TITLE/POSITION:

COUNTY:

LOCAL ASSOCIATION:

EMAIL ADDRESS:

### MEMBERSHIP IS OPEN TO THOSE WORKING OR INTERESTED IN THE FIELD OF ACTIVITIES

FACILITY ANNUAL DUES ARE \$50.00

I AM INTERESTED IN LEARNING MORE ABOUT:

IAPA CERTIFICATION

IAPA COMMITTEES  
(print name of committee below)

\_\_\_\_\_

New Member

Renewal

### FACILITY APPLICATION: TYPE OR PRINT INFORMATION

CONTACT NAME:

JOB TITLE/POSITION:

ADMINSTRATORS NAME:

FACILITY/AGENCY NAME:

FACILITY ADDRESS:

CITY/STATE/ZIP:

WORK PHONE:

JOB TITLE/POSITION:

COUNTY:

LOCAL ASSOCIATION:

EMAIL ADDRESS: